

There's **no excuse** for abuse

If you're in an abusive relationship,
these organisations can help you:

Help and support

Blackburn with Darwen

The Wish Centre

01254 260465

bddwa.org

Blackpool

Fylde Coast Women's Aid

01253 596699

fcwa.co.uk

Lancashire

Lancashire Victim Services

0300 323 0085

lancashirevictimservices.org

Emergency accommodation

Safenet/Lancashire Refuges

0300 303 3581

lancashirerefuges.org.uk

#noexcuseforabuse

www.noexcuseforabuse.co.uk